PERFORMANCE MEASURE 4

- A) Percent of infants who are ever breastfed and
- B) Percent of infants breastfed exclusively through 6 months

GOAL	To increase the percent of infants who are breastfed and who are breastfed exclusively through six months	
DEFINITION	 Numerator: A) Number of infants who were ever breastfed B) Number of infants breastfed exclusively through 6 months Denominator: A) Number of infants born in a calendar year B) Number of infants born in a calendar year 	
	Units: 100	Text: Percent
HEALTHY PEOPLE 2020 OBJECTIVE	Related to Maternal, Infant, and Child Health (MICH) Objective 21.1: Increase the proportion of children who are ever breastfed (Baseline: 74% in 2006, Target: 81.9%)	
	Related to Maternal, Infant, and Child 21.5: Increase the proportion of childr exclusively at (Baseline: 14.1% in 200	en who are breastfed
DATA SOURCES and DATA	A) National Immunization Survey (NIS) B) National Immunization Survey (NIS)	
MCH POPULATION DOMAIN	Perinatal/Infant Health	
SIGNIFICANCE	The American Academy of Pediatrics (AAP) recommends all infants (including premature and sick newborns) exclusively breastfeed for about six months as human milk supports optimal growth and development by providing all required nutrients during that time. Breastfeeding strengthens the immune system, reduces respiratory infections, gastrointestinal illness, and SIDS, and promotes neurodevelopment. Breastfed children may also be less likely to develop diabetes, childhood obesity, and asthma. Maternal benefits include reduced postpartum blood loss due to oxytocin release and possible protective effects against breast and ovarian cancer.	
	American Academy of Pediatrics Section of and the use of human milk. Pediatrics. 20 http://pediatrics.aappublications.org/conte 3552	12 Mar;129(3):e827-41.